



HEALTH HISTORY

NAME: _____ DATE: _____
 ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____
 HOME PHONE: _____ WORK PHONE: _____ CELL PHONE: _____
 DATE OF BIRTH: _____ AGE: _____ EMAIL: _____ REFERRED BY: _____

Health Condition	Do you have? Yes or No	Describe
Diabetes—Type 1 or Type 2		
High Blood Pressure		
Heart Conditions/ Pacemaker		
HIV		
Cancer/ Chemotherapy		
Use of Blood Thinners (Coumadin or Warfarin)		
Skin (Sensitive, psoriasis, eczema, acne, etc)		
Is there any chance you could be pregnant?	___ Yes ___ No	Date of last menstrual cycle: _____

Are you currently taking any *prescriptions* or *over the counter medications*? Please explain.

Are you currently taking any *vitamins, minerals, or food supplements*? Please explain.

What is your goal and/ or desired outcome? _____

Is there anything you want our therapist to know as they work on you? _____

How many cups (8 ounces) of coffee do you drink/ day?	___0	___1	___2	___3 or more
How many sodas (8 ounces) do you drink/ day?	___0	___1	___2	___3 or more
How many glasses (8 ounces=1 cup) of water do you drink /day?	___8-16 ounces (1-2 cups)	___17-40 ounces (3-5 cups)	___40-63 ounces (5-7 cups)	___64 ounces or more (8+ cups)
How many alcoholic beverages do you drink/ week	___0	___1-3	___4-6	___7 or more

Would you like to be contacted by one of our Nutrition Professionals to further discuss your health goals, including weight loss, hormones, sleep, energy, digestion, skin, etc ___ Yes ___ No

OVER

Informed Consent

I have informed Summit Chiropractic Care Center, LLC, Living Well, LLC, and all staff of all my known physical conditions, medical conditions, and medications, and I will keep them informed of any changes.

All health care procedures carry some risks. Risks associated with Body Wraps and Body Contouring include but are not limited to skin reactions including hiving, burning, detoxification symptoms including headache or loose stools.

I, the undersigned, assume all responsibility for decisions I make regarding my health, recognizing that (a) no claims are made that herbal, nutritional, or dietary recommendations or weight loss modalities (i.e., body wraps, body contouring) can treat or cure any medical condition, (b) all recommendations are given for informational purposes only, (c) there is no implied or stated guarantee of success or effectiveness of any specific dietary, nutritional, or herbal recommendations, or weight loss modalities (d) I am free to act upon or disregard the recommendations of Summit Chiropractic Care Center, LLC, Living Well, LLC, and all staff as I so choose. I hereby release Summit Chiropractic Care Center, LLC, Living Well, LLC, and all staff from all responsibility for my actions and any consequences thereof in the present time and in the future with no constraints. I hereby affirm that I consent and agree to the above statements of my own free will and request to engage in the services offered by Summit Chiropractic Care Center, LLC, Living Well, LLC, and all staff and participate in a professional relationship with them pursuant to the statements herein.

Cancellation Policy: We require 24-hours notice for cancellation on any massage, body wrap or body contour. There is a \$30 cancellation fee if we do not receive 24-hours notice.

Packages: If a package is purchased for Body Contouring, Body Wraps or Massage a discount may be given. If at any time a person discontinues care and requests a refund, the refund will be issued based on the actual cost of care, not the discounted rate. There is no guarantee in results.

Client’s Name (print)	Client’s Signature	Date
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<u>If Minor</u> , Client’s Representative (print)	Signature of Client’s Rep.	Relation to Client	Date
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